

Health and Safety Policy

The **Parallel Dreams Coaching Academy** is a training organisation providing sports and business coaching services both face to face and online for members of the public and organisations.

The **Parallel Dreams Coaching Academy** is committed to providing high quality training and coaching and to ensuring that equality of opportunity underpins all aspects of our work.

This policy relates to our health and safety and covers all aspects of our work.

Our health and safety policy is set out below;

POLICY STATEMENT

The **Parallel Dreams Coaching Academy** is committed to maintaining safe and healthy working conditions and to preventing accidents and instances of work-related ill health by ensuring that all activities carried out at course venues or undertaken by its employees & learners/students are managed in such a manner so as to avoid, reduce or control all foreseeable risks to the health and safety of anyone who may be affected by such activities as far as is reasonably practicable.

EMPLOYER'S RESPONSIBILITIES

In furtherance of the above policy statement and the need to ensure compliance with the Health and Safety at Work etc. Act 1974 and other relevant health and safety legislation,

The **Parallel Dreams Coaching Academy** will provide and maintain safe equipment and safe systems of work;

- ensure equipment used are properly stored, handled, used and transported;
- assess the risks to the health and safety of anyone who may be affected by work activities;
- consult with employees & learners/students on matters affecting their health and safety and ensure that all employees & learners/students are competent to do their tasks;
- provide information, training, instruction and supervision;
- provide a safe place of employment and learning;
- provide a healthy working environment;
- provide a written Health and Safety Policy;
- look after the health and safety of other people, in addition to employees & learners;

EMPLOYEES & LEARNERS' & LEARNER RESPONSIBILITIES

Employees & learners/students have a legal responsibility to take care of the health and safety of themselves and others who may be affected by their actions or omissions and to co-operate with coaches on health and safety issues. Employees & learners/students should not interfere with anything provided to safeguard their health and safety and should report all health and safety concerns to the appropriate person as set out in this policy.



ROLES

The Founding Directors have overall responsibility for health and safety in the workplace and for ensuring that adequate resources are made available to allow the implementation of this policy.

The Founding Directors have day-to-day responsibility for ensuring that this policy is implemented. All coaches must adequately supervise the work activities of learners/students and others under their control to ensure that safe systems of work are being followed.

This policy has been approved & authorised by:

Name: Derek Tate

Position: Founding Director

Date: 27th June 2020